

CONFIDENTIAL PATIENT RECORDS

Any personal information we collect from you will be handled under the terms of the Data Protection Act 1998.
We will not pass on your personal details or information to any third party or government department.

1. PERSONAL DETAILS

Surname: _____ Mr, Mrs, Miss, Ms Other: _____

Forename(s): _____ Date of Birth: ___/___/___

Full Address: _____ Post Code: _____

Marital Status: _____ Number and Age of Children: _____; _____

Tel No. Home: _____ Mobile: _____

E-mail address: _____

How did you hear about us (if referred please provide a name)? _____

Do you intend to reclaim your fees through health insurance? YES/NO which company? _____

2. EMPLOYMENT DETAILS

Occupations (current/previous): _____ How long(years) _____

What does your job involve (e.g. sitting, lifting)? _____

3. HEALTH DETAILS

Name of GP: _____ Practice Address: _____

Current Medication: _____

Have you consulted your GP about any Medical Conditions recently? Yes/No

Details: _____

Height:(Feet/Cm) _____ Weight:(Stones/Kg) _____

Have you had any:

Significant illness? If yes, give details: _____

Road Traffic or other Accidents (date): _____

Broken bone (date): _____

X-rays/MRI/CT taken (date): _____

Previous Operations/Hospitalisation (date): _____

Do you smoke? Yes/No. Did you used to smoke? Yes/No. If yes _____ per day and how long(years) _____

How many units/cups do you drink per week of: Alcohol(units)? _____ Tea/Coffee(cups)? _____

Do you do regular exercise? YES/NO Details: _____

4. PRESENT COMPLAINT(S)

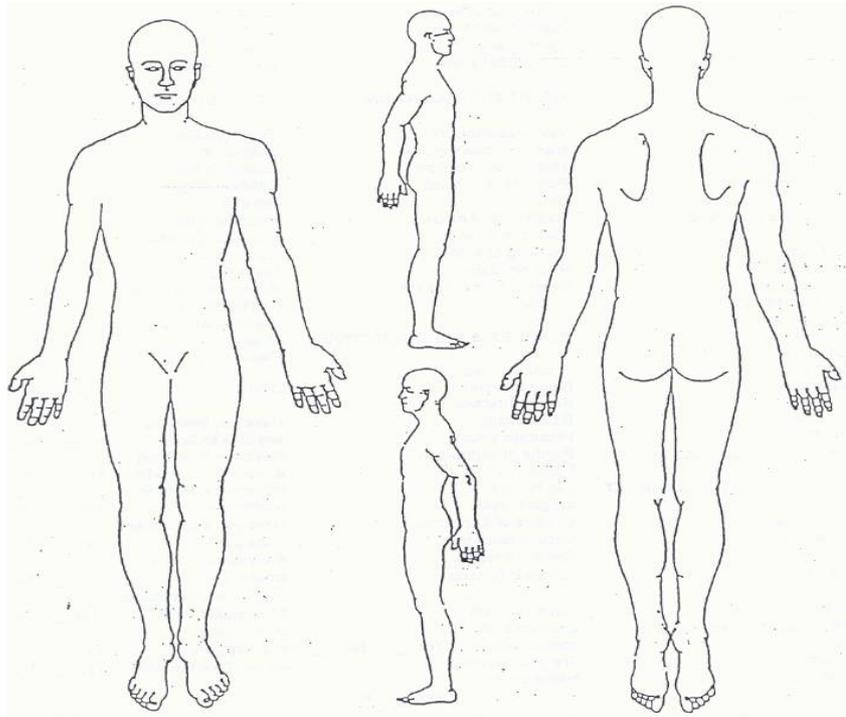
Where is/are the pain/symptom(s)? _____

How long have you had the pain/symptom(s)? _____

Do you have any other complaints? _____

Please indicate the *location* and *type* of symptoms you have on the diagram below:

- | | | |
|-------------------|----------|-----------|
| Sharp pain | = | S |
| Dull pain | = | D |
| Stiffness | = | ST |
| Tingling | = | T |
| Numbness | = | N |
| Burning | = | B |
| Bone Pain | = | BP |
| Cramping | = | C |



Please circle the minimum and maximum intensity of the symptoms over the last week on the scale below:

Best	0	1	2	3	4	5	6	7	8	9	10	Worst
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5. Have you or your immediate family suffered from any of the following (give details)?

CONDITION	SELF	IMMEDIATE FAMILY (WHO?)
Heart Problems / Blood Pressure		
Stroke		
Cancer		
Diabetes		
Arthritis		
Allergies / Skin problems		
Breathing problems		
Bowel / Bladder problems		
Migraines / Headaches		
Dizziness / Balance problems		
Eyes/Ears/Nose/Throat problems		
Neurological disorders (e.g.MS)		
Weakness, Fatigue or Tiredness		
Other:		

Do you have any objections to us contacting your GP to inform them of your progress? Yes / No

Please sign below if you agree in principle to an appropriate examination & treatments (Chiropractic and/or Acupuncture and/or Herbal Medicine).

SIGNED _____

DATE ____/____/____

(if you are under 16yrs, this consent should be signed by a parent or legal guardian)

FACIAL COSMETIC ACUPUNCTURE CONSENT FORM

I understand that by its very nature acupuncture, and other modalities of Chinese Medicine (including acupressure, massage, herbal facial mask) may cause minor discomfort, and may irritate the skin or leave a mark and bruise.

There are cases where symptoms may get worse before they get better, and I understand that if my condition worsens, I should contact the treating acupuncturist and/or seek other appropriate medical care. In order for best & longer-lasting results, a course of 6-8 sessions for a month is recommended, plus a session every one - two month to maintain the benefits. I understand that I may withdraw from treatment at any time.

I realize no claims, promises, or guarantees are being made, and I have read / accept full responsibility for the risk and effectiveness of the treatment.

I do not have any of the following contraindications for this treatment:

- Uncontrolled high blood pressure
- Currently suffer from migraine
- Pituitary disorder such as a tumour
- Hemophilia - an bleeding disorder
- Taking any blood thinner drugs such as warfarin
- Pregnancy
- Hepatitis
- AIDS

Patient Printed Name

Patient Signature

Date

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Facial Cosmetic Acupuncture (Jung An Acupuncture)

A Facial Cosmetic Acupuncture integrates Traditional Chinese Medicine theory with a Modern Medical understanding of The hematic, lymphatic & nervous systems to achieve its results & create a younger and more vibrant appearance.

It involves the insertion of acupuncture needles to the face and/or neck and the body in order to reduce the visible signs of aging. According to the theory of Traditional Chinese Medicine, there are meridians or pathways of Qi (energy) that flow throughout the entire body. Therefore it is possible for Facial Rejuvenation to address the energy of the entire body making it not merely a "cosmetic" treatment. Your complexion reflects the result of the state of Qi in your entire body. As with all Traditional Chinese Medicine treatments, like acupuncture, Facial Rejuvenation involves the patient in a gradual, healthful process that I, Yoon Jeon, MChiro, Bachelor of Medicine, BSc(Hon), Dip.TCM for each individual.

Our Clinic is a unique UK clinic using "Jung An Acupuncture" Technique developed by Doctors of Korean Medicine and widely used in Korea and North America. Compared to other techniques, it uses a relatively large quantity of needles and its effect is greater than others. You can expect the effect of face lifting even after the first visit. Needle insertion for this method is generally carried out with a special needle application device called [AcuPro](#). This allows for convenient, efficient, accurate and painless needle insertion.

Main Effectiveness of Facial Cosmetic Acupuncture:

- Enhances facial complexion
- Improves blood and lymphatic circulations
- Lessens fine lines and wrinkles and softens deep lines
- Stimulates collagen regeneration and restores skin elasticity
- Enhances moisturizing of the skin and slims the face by reducing facial fat

Also:

- Corrects facial asymmetry by relaxing tight muscles, and improves muscle elasticity
- Helps tension headaches and Temporomandibular Joint (TMJ) dysfunction by relaxing tensed muscles and increasing circulation

Advantages of Facial Cosmetic Acupuncture:

Due to not using any implants or drugs, this is a safe procedure. This technique works by regenerating cells and tissues so it has no adverse effects. The acupuncture method used utilizes the body's ability to repair itself, and is therefore reliable and safe.

The result gives a very natural appearance. The acupuncture method uses the skins self-healing ability so a patient will discover their own natural beauty after the treatment.

Risks of Facial Cosmetic Acupuncture:

In undertaking any procedure, it is important to understand the risks involved with receiving Facial Acupuncture. Although most patients received this technique do not experience complications, the potential side effects or risks are listed here:

- **Bleeding and/or bruising** – as with acupuncture in general, when a needle is removed some minor bleeding may occur. This is normal and usually will not leave a bruise. Occasionally, a bruise or hematoma may appear. With bruising, it is important that you wear sunscreen when going outside. Topical or internal remedies will be discussed to address bruising if it occurs. If swelling persists, please contact the practitioner.
- **Infection** – infection at the needle site is very rare after an acupuncture treatment because the needles are sterile. If you suspect infection at the needle site (i.e. redness, swelling, or warm to the touch), please contact the practitioner. Additional treatment or referral to your GP may be necessary.
- **Damage to deeper structures** – Facial Acupuncture uses a very shallow insertion of needles into the skin. Deeper structures such as blood vessels, nerves, and muscles are rarely damaged during the course of a facial acupuncture treatment. If this does occur, the injury mostly is temporary and will be recovered gradually.
- **Asymmetry** – all facial structures are naturally asymmetrical. Results may vary from side to side due to the natural asymmetry, previous injuries on one side of the body, or severity of symptoms from one side or the other.
- **Nerve injury** – injury to the motor or sensory nerves very rarely results from facial acupuncture. Nerve injuries may cause temporary loss of facial movements and feeling. Such injuries may improve over time.
- **Needle shock** – needle shock is an extremely rare occurrence that can happen during any acupuncture treatment. If you feel faint or shaky during the treatment, please let the practitioner know immediately.
- **Allergic reaction** – In some cases, local allergies to topical preparations may occur. Please let the practitioner know if you have any allergies prior to the treatment. Allergic reaction may require additional treatment or discontinuation of treatment.
- **Delayed healing** – delayed healing is a rare complication. Smoking and certain health conditions such as diabetes, chronic fatigue syndrome, to name a few, may delay the healing response of any of the aforementioned risks.
- **Unsatisfactory results** – it is important to understand that you are not having a surgical procedure. The alternatives, risks, and comparisons of surgical procedures versus acupuncture have been discussed and outlined in this document. Please discuss any questions with the practitioner before treatment begins.

Long Term Effects:

Following your Facial Cosmetic Acupuncture treatments, changes in facial appearance may occur as the result of the normal process of aging, weight loss or gain, sun exposure, stress, illness, or other circumstances not related to acupuncture. It has been explained that following lifestyle and dietary instructions may enhance the longevity of the treatment while non-compliance will adversely affect the longevity of the Facial Acupuncture treatment. Additional, future treatments will be necessary to maintain results.

NEW PATIENT INFORMATION

Your first visit will last about 75 mins. Follow-up treatments will take 45 minutes. Acupuncture has been practiced for centuries, but may be very different from any health care experience you have ever had. I will ask you a number of questions about your health and history that are unfamiliar, and you may never have had a health intake that included looking at your tongue and taking your pulses. It will only be unfamiliar the first time! I encourage you to ask me questions about your treatment and progress. Your treatment is individual, as is your response to it. By asking questions you are learning how your own body heals.

To prepare for your first visit please review the following:

1. Complete Health Questionnaire (Confidential Patient Record)

- Prior to your appointment please complete the Health Questionnaire and bring it with you. This questionnaire will form the basis of an in-depth conversation we'll have at your initial consultation and enable me to customize an effective treatment plan for you.

You might not need to fill all questions which may not relate to your Cosmetic Acupuncture treatment.

2. What to Wear

- Please wear loose-fitting, comfortable clothing that helps you relax and be comfortable during treatments.

3. What Not to Eat/Drink

- Eat a light meal prior to your appointment to prevent any possible light headedness or nausea.
- Don't drink caffeinated beverages such as coffee, tea and energy drinks.

4. Before Treatment

- For your first visit, please arrive 5 minutes prior to your scheduled appointment time to make sure all paperwork is completed, so we can get your treatment started right away.
- Bring a list of any medications, supplements, or herbs, etc. that you are currently taking.
- Remove contact lenses, wash face.
- Please use the restroom prior to your appointment. Acupuncture treatments can stimulate your bladder!

5. After Treatment

- Allow time to RELAX as much as possible. Ideally go home and relax for several hours. It's important to give your body a chance to fully-integrate the treatment so don't plan on going to the gym or doing any kind of strenuous exercise on the day of treatment.
- Avoid sunlight and sunscreen should be used prior to going outside and the skin should be well moisturized and apply skin nutrition.
- Don't eat heavy/greasy meals or don't drink alcohol for at least 6 hours after your acupuncture treatments, but please drink a plenty of water.

Dr. Yoon Jeon, Master of Chiropractic, Bachelor of Medicine, BSc(Hons), Diploma in Traditional Chinese Medicine, Certificate in Professional Acupuncturist - A Level (Doctor Of Acupuncture)